

Preventive care covered – before your deductible

When you use our network providers, nationally recommended preventive care services are covered by us, with no additional cost to you. Below are some of the covered preventive care services:

Well Baby and Well Child Preventive Care	Adult Preventive Care
Preventive Physical Exams	Preventive Physical Exams
Immunizations	Immunizations
Screening Tests including the following: <ul style="list-style-type: none">• Screening for lead exposure• Pelvic exam and Pap test for females (who are age 18, or have been sexually active)	Screening Tests including the following: <ul style="list-style-type: none">• Cholesterol and lipid level screening• Blood glucose test to screen for Type II diabetes• Prostate cancer screenings including digital rectal exam and PSA test• Breast exam and Mammography screening• Pelvic exam and Pap test for females

360° Health – Personalized services and online tools for health-conscious consumers

360° Health is our approach to surrounding you with the resources, tools, guidance and support to help you make the right health care decisions for you and your family. You'll have access to a wealth of ways to improve and maintain your health – all at no additional charge, including:

- An online MyHealth Assessment designed to help you measure your overall health.
- Our health coaching programs for managing ongoing conditions, and our Healthy Lifestyles programs such as Tobacco-Free and Healthy Weight.
- An online health site with tools and information, including network provider listings, hospital quality ratings, prescription drug costs, wellness articles, and much more.

Built-in value through our discounts

You choose your own doctor and you never need referrals – and when you use our network providers, you can save money because you'll receive our negotiated discounts on services and prescriptions. If you visit an out-of-network provider, you'll still have benefits, but your share of the cost for covered services will increase.

For help or questions call 1-866-508-0618